I. Descriptive Information

Course Title-Number: Advanced Coaching Methods and Principles PET 6347

Course Description: To further stimulate an advanced philosophic thinking and foster a spirit of confidence in developing researched based methods of sport coaching.

Course Credit: 3 credit hours

Prerequisites: Admission to Program or C.I.

Intended Audience: This course is designed for students pursuing a Master’s Degree in Sports and Fitness at the University of Central Florida.

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II. Statement of Course Goals and Objectives

Goals
This course has been specifically designed to provide a researched based direction for athletic coaches, administrators, athletes, and the public regarding the philosophic design that coaches should demonstrate in their methodology. The overriding premise in the development of this course is for its contents be used to ensure the enjoyment, safety, and positive skill development of America’s athletes.

Objectives
Students will be able to:
1. To develop the skills needed to generate a professional philosophy as an athletic coach.
2. To examine various philosophic thoughts as related to coaching styles.
3. To review the current research as related to coaching methods.
4. To demonstrate organizational administrative efficiency in implementing a personal coaching philosophy.

III. General Course Policies

1. Attendance is mandatory and is an integral part of the final grade.
2. Be on time for class.
3. This is an “interactive” class with weekly “outside” class lab assignments.
4. Instructor has discretion as to what constitutes an “excused” absence.
IV. Required Text


V. Academic Course Requirements

1. FINAL EXAM (Part 1) Individual Methodology Presentation (10 points)
   A professional individual presentation (power point) on your personal coaching philosophy will be given in front of your peers. Format, length & content will be developed throughout semester.

2. FINAL EXAM (Part 2) Individual Methodology Interview (10 points)
   Following the instructor’s review on Part 1 of the Final exam, an individual question and answer session with Dr. Duke will be scheduled. This time will allow the student to verbalize their individual philosophy as related to case scenario(s).

3. Methodology Assignments (80 points)
   During the course of the term, each student will complete a series of eight (8) assignments (outside of class) based on class lecture to help stimulate philosophical development. Each assignment is worth ten (10) points. Completed assignments are due at the beginning of the next scheduled class.

VI. Evaluation

Methodology development Assignments (8 @ 10 points each) 80
Final Exam Part 1: Methodology Philosophy Presentation (10 points) 10
Final Exam Part 2: Methodology Philosophy Interview (10 points) 10

TOTAL 100

VII. Grading Scale

94 - 100 = A 74 – 76 = C
90 – 93 = A- 70 – 73 = C-
87 - 89 = B+ 67 – 69 = D+
84 - 86 = B 64 – 66 = D
80 - 83 = B- 60 - 63 = D-
77 - 79 = C+ 59 & below = F