



**UCF COMMUNITY COUNSELING AND  
RESEARCH CENTER**

# Neurofeedback Training Research Study for Military Veterans



**A pilot research study for military  
veterans with Post-Traumatic Stress  
Disorder**

Are you experiencing any of the following?

- **Anxiety**
- **Irritability**
- **Sadness**
- **Disturbed Sleep Patterns**
- **Lack of Concentration**
- **Isolation/Loneliness**

If so, you may be eligible to participate in this research study!

## Neurofeedback Training Research Study

Neurofeedback training is a non-invasive, drug free intervention that measures EEG brainwaves and provides feedback to improve brain-functioning.

- **What:** The first NF training will last 15 minutes, subsequent trainings will last 33.5 minutes twice a week. Total appointment time may be approximately one hour.
- **When:** 8/1/15 – 11/20/15 (12 weeks of training. Total study lasts 20-32 weeks, depending on group.)
- **Whom:** Military Veterans with PTSD
- **Cost:** At no cost to you.

## Contact Us!

**UCF Community Counseling and Research Center**

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**Gulnora Hundley, MD, Ph.D, LMHC**

**Neurofeedback Training Director**



Dr. Hundley, director of the UCF Community Counseling and Research Center, is the Principal Investigator of this research study. Dr. Hundley is a medical doctor and a licensed mental health counselor with 25-years of clinical experience. She has been working as a neurofeedback trained professional with diverse clients with mental disorders for the last 7 years.