A Sample of Invited Presentations:

Diagnosis with DSM-5 and ICD
With the release of the DSM-5, mental health professionals need information about changes in the new manual. Dr. K. Dayle Jones will provide an overview of the DSM-5, including its development process, changes to the organizational structure, major revisions to existing diagnoses, and the addition of new disorders. Participants will also be informed about the International Classification of Diseases (ICD), its designation as HIPAA’s official codebook for diagnosing mental disorders, and its relationship to DSM-5, as well as overall implications for diagnostic practice.

K. Dayle Jones, Ph.D.

Role of the Counselor in Discussing Psychotropic Medications
Discussion, monitoring and education about symptoms, side effects, substance abuse and medication use are an everyday part of clinical work, whether we do individual, group or family counseling. The counselor has an important role in helping to ensure that the best medication is prescribed, that side effects are recognized and treated, and that the client is encouraged to use medications in a way to maximize the likelihood that it will be effective.

Gulnora Hundley, PhD, Jessica Gonzalez, MS, & Andrew Wood, MA

Motivational Interviewing as an Effective Approach for Counseling “Unmotivated” and “Challenging” Adolescent & Early Adolescent Students
Many adolescent & early adolescent students whom counselors regularly counsel are unmotivated and resistant to change. Motivational Interviewing (Miller & Rollnick 2013) is a counseling approach designed specifically for students/clients that appear to be unmotivated and resistant to changing their behaviors. This presentation will: (a) introduce Motivational Interviewing and research supporting this counseling approach, (b) review practical strategies for supporting change in adolescent & early adolescent students, and (c) present cases of Motivational Interviewing strategies with adolescent & early adolescent students.

Glenn W. Lambie, Ph.D.

Change is Difficult: Let’s not make it Worse
No one likes to change, least of which those who are being required to change as a result of someone else’s request. Counselors themselves have their own agendas for their clients’ maladaptive behaviors, and if they are not careful, helpers can actually inhibit the change process. This presentation will review the basic principles of Motivational Interviewing (MI) and will offer techniques that helpers can integrate into their everyday practice.

W. Bryce Hagedorn, Ph.D.

Assessing and Addressing Intimate Partner Violence in Same-Sex Couples: Instrumentation, Assessment, and Mental Health Practice
Counselors working within the LGBTQ community need to understand same-sex IPV incidence rates, characteristics, and effective assessment strategies in screening couples. IPV occurs in same-sex relationships at similar rates compared to opposite-sex relationships (Allen, Swan, & Raghavan, 2009; Eaton et al., 2008). Further, these high incidence rates pose a major concern within society and the mental health profession, as the well-being of many individuals stands at-risk (CDC, 2012).

Lamerial Jacobson, Ph.D.
Innovative Practices to Empower Urban Students and Families

The purpose of this presentation is to highlight school counseling preparation through the lens of social justice and advocacy. The discussion will focus on the distinct teaching and learning practices of an urban school counseling preparation program with emphasis on: an innovative model of family empowerment (Family Wisdom Exchanges), community engagement in urban settings, digital storytelling, relationship building (within and outside of the university settings), and equity audits.

*Sophie Maxis, Ph.D. & Chris Janson, Ph.D.*

Additional Presentation Topics:

- Crisis Management in Schools: Crisis Response Planning
- Intuition: Learning to Interpret Implicit Perception
- Meditation for Emotional Wellness
- Reading between the Lines: A Group Curriculum Using Bibliotherapy and Creative Arts to Increase Empathy Among Resistant Youth
- Employment Status and Individual and Relational Distress
- The Therapeutic Relationship: Outdated or Imperative?
- Strategies for Freshman Success: An evidence-based program for a successful college transition
- True Client Collaboration: A Scandinavian Example
- Exploring Counselors’ use of Language & Stereotypes: Implications for Clients & Social Justice
- Creating Relationships through High School Expectations with At-Promise African American Males
- Building Resiliency in Military Couples: Implications of the Circular Model of Individual and Relational Functioning
- Counseling the Geriatric Population
- Working with Challenging Clinical Populations: Strength Based Strategies for Wellness
- Integrating Expressive Arts & Feminist Theory: Applications & Implications for use with Adolescents
- What to Expect When Working or Interning in Psychiatric Hospitals & Community Agencies
- Adolescents & Pornography Exposure: Counseling Implications
- The Loss of Religious or Spiritual Identity in the LGBT+ Population & Faith Development Models
- Gardening: A Playful Counseling Intervention with Children
- A School Counselor’s Guide to ADHD
- Using the Expressive Arts to Motivate Change In Addicted Clients
- FLVS: Counseling Your Students in a Virtual World
- The Effects of Neurofeedback and other Modalities on Creative Thinking Skills for Adolescents
- Job Satisfaction of Counselors and Career Mentoring: The Journey After Graduation
- Adlerian Play Therapy: Advancing the Field Through Research

For more information and to register, visit:

http://education.ucf.edu/counselored/conference.cfm

We look forward to seeing you at the 6th Annual UCF Counseling Conference!!!