To Interrupt The Cycle
We must UNLEARN the UNTRUTHS
Replace with new attitudes & knowledge
Learn & practice ally skills
Take action against oppression

Societal Message
Don’t make waves
Don’t challenge status quo

Results in Behavior
Prejudiced Behavior
Oppressive Behavior based on Internalized Oppression

Systematic Training
Myths
Stereotypes
Misinformation
Missing Information
Biased History

Taught & Reinforced By
Family & Friends
Schools, Teachers, Books
Religious Institutions
Media
Government
Cultural “Standards”

Internalization
Eventually we believe
Stereotypes & Lies = Truth
Human Difference = Negative
Conscious & Unconscious Beliefs, Attitudes
Some groups are more valuable than others =(White people are superior to people of color, men are more valuable than women, etc.)

Motto: “Diversity Includes All of Us”