What is a Growth Mindset?

- [Carol Dweck interview with Salman Khan](#)
Last Word Reading Activity

KEEP CALM AND get the last word
Strategies for Developing a Growth Mindset
Establish High Expectations (not just high standards)

• Use lesson-framing language that outlines high expectations, as in this Growth Mindset Framing Tool. For example, when introducing a new topic, you can tell your students, "This will be a challenging concept to learn, but all of us can reach the goal. I want you to stretch."

• Write comments to your students that contain specific feedback on ways to improve, along with an explanation that you are providing it because you believe they have the capacity to develop a high level of skill in that area.
Create a Risk-Tolerant Learning Zone

• At the beginning of the year, write a letter to your students saying how much you look forward to supporting their individual growth, and explaining that mistakes are welcome in your classroom. (See this Welcome Back Letter contributed by a middle school teacher.)

• When you introduce a new topic or assignment, tell students they should expect to find some things confusing and to make initial errors. Ask kids to share their "best" mistake of the week with you, and what they learned from it (and do the same yourself).

  My Favorite No
Give Feedback that Focuses on Process

• Recognize your students' effort with tools such as this Effective Effort Rubric and teach them to use it to self-assess and build on their effort strategies.

• Give feedback that is appropriate to the situation--for example, don't praise effort if the student did not work hard. See the Growth Mindset Framing Tool for sample language in situations where students worked hard and succeeded, made an effort but have not yet met the goal, or did not exert effort.
Introduce Students to the Concept of the *Malleable Mind*

- Share articles and videos
  - [You Can Learn Anything](#)
  - [Growing Your Mind](#)
  - [You Can Grow Your Intelligence](#)
Learn More!

• http://www.fldoe.org/teaching/just-for-teachers-community/growth-mindset/